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Sun	Mon	Tue	Wed	Thu	Fri	Sat
####	<div> <div>2</div> <div>           Baked Potato            Veggie Chili 4oz            1 oz Sour Cream            Broccoli (4 oz)            Cheddar Biscuit &amp; Butter            Yogurt w/berries/Granola         </div> <div></div> </div>	<div> <div>3</div> <div>           Meatloaf            Mashed Potatoes            Corn         </div> </div>	<div> <div>4</div> <div>           Beef Shepards Pie 8 oz            Roll &amp; Butter            Milk Bottle            Mixed veggies 4 oz            Orange 4oz         </div> </div>	<div> <div>5</div> <div>           Penne A La Vodka            Salad         </div> <div></div> </div>	<div> <div>6</div> <div>           Turkey club sandwich            Broccoli Cheddar Soup 8 oz            Tossed salad &amp; Dressing (4oz)            String Cheese            Applesauce 4 oz         </div> </div>	7
8	<div> <div>9</div> <div>           Lasagna 8oz            Roll and butter            California Veggie Medley 4 oz            String Cheese            Pear cup 4 oz         </div> </div>	<div> <div>10</div> <div>           Mac &amp; Cheese            Steamed Broccoli         </div> </div>	<div> <div>11</div> <div>           Tuna Casserole (8oz)            Green Beans 4oz            Dinner Roll &amp; Butter            Milk            Banana         </div> </div>	<div> <div>12</div> <div>           Stuffed Chicken Breast            Gravy            Mashed Potatoes            Carrots         </div> </div>	<div> <div>13</div> <div>           Glazed Cranberry Pork Tenderloin            Heart shaped Caprese Salad            Sweetie Potato            Valentine's Day Cookie            Milk         </div> <div></div> </div>	14
15	<div> <div>16</div> <div>  </div> </div>	<div> <div>17</div> <div>           Meatball Grinder         </div> <div></div> </div>	<div> <div>18</div> <div>           Taco Meat &amp; Pinto Beans (3oz.)            Taco shells            Lettuce, cheese, salsa            Spanish veggie rice (4oz.)            Milk            Fruit Cup 4 oz         </div> </div>	<div> <div>19</div> <div>           B.L.T. Sandwich            Broccoli &amp; Cheese Soup         </div> </div>	<div> <div>20</div> <div>           Roasted Salmon (4oz.)            Roasted Root Veggies (4oz.)            Asparagus 4 oz            Roll &amp; Butter            String Cheese            Raisins         </div> </div>	21
22	<div> <div>23</div> <div>           Beef Bolognese ( 4 oz)            Pasta (4oz)            Green Salad apples/cran(4oz)            Dinner Roll &amp; Butter            Milk            Fruit Cup 4 oz         </div> </div>	<div> <div>24</div> <div>           Grilled Cheese Sandwich            Tomatoe Soup         </div> </div>	<div> <div>25</div> <div>           Chicken Parm (3oz)            Pasta with Sauce 4 oz            Roll &amp; Butter            Mixed veggies (4oz)            Milk            Birthday Cupcake         </div> <div></div> </div>	<div> <div>26</div> <div>           Hot Dog            Beans         </div> <div></div> </div>	<div> <div>27</div> <div>           Chicken Salad Sandwich            Minnestrone Soup 4 oz            Bun            Lettuce Tomato, pickles            String cheese            Grapes 4 oz         </div> </div>	28
<div>  </div>		<div> <p><b>Heart Health Month Tips:</b></p> <p>For heart-healthy nutrition, aim to consume whole grains, fruits, vegetables, lean animal protein, and fats derived from plant sources, which can be heart protective.</p> </div>	<div> <p><b>*Menus are subject to change due to seasonality and product availability.</b></p> </div>	<div> <p><b>FOOD ALLERGY WARNING</b> Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumptions of meals.</p> </div>		